
GROUND

JOURNAL

youareloved.church

Wawasee Community Bible Church | Printed 2022

2035 East 1300 North | Milford, Indiana 46542 | 574-658-9161 | wawaseebible.com | youareloved.church
Find more resources at youareloved.church/habits.

GROUND

JOURNAL

W E L C O M E !

We want to be **GROUNDED** in God's Word, and this small journal is a tool to help you toward that end.

Each day for 6 weeks (5 days a week) you'll have a passage to read, followed by a selection of verses to write out. The idea is for you to read the passage in your bible (or in an app like YouVersion, Faithlife, etc.) and then handwrite select verses.

It will force you to slow down and read the text a few times as you copy Scripture in your own handwriting. By God's grace the Spirit might point out some things you've not noticed before and/or impress something on your heart in the process. Writing it out will also help you to remember what you read through the rest of the day.

After you write the passage, there's some space for you to also jot down, sketch, journal, etc. your thoughts, prayers, or anything on your mind.

A FEW TIPS TO MAKE THE MOST OF THIS TOOL

Each page is basically the same and pretty self-explanatory, but here's a few tips that might help you make the most of it.

THERE'S NO RULES HERE. Write, color, highlight, sketch, make a mess... whatever helps **you** dig into God's Word and get more grounded in it. You can write a lot, you can write a little, you can draw pictures... it's yours to explore.

USE A GOOD BIBLE TRANSLATION. We'd recommend the ESV (English Standard Version – this is the one Pastor Josh preaches from), CSB (Christian Standard Bible), NIV (New International Version) or NLT (New Living Translation). But there are many other good translations to choose from as well. You can use your physical Bible or download the free YouVersion Bible app to access any translation you like!

GET CREATIVE WITH THE "TODAY IS..." SECTION. You can be simple and just write, *Today is January 17th...* but you could also write *Today is AWESOME*, *Today is sunny*, or *Today is the day I get to eat steak!* That space is yours to play with.

THE ATTITUDE OF GRATITUDE. Write down something you're grateful for **every day**. From big milestones to the tiny blessings of each day, gratitude turns what we have into more than enough.

THE BIG IDEA HERE? – MAKE THIS TOOL WORK FOR YOU. After all, this journal is a **tool** to use not a rule to follow, and it's designed to help you develop a habit of reading and grounding your daily life in God's Word.

You Are Loved!

Leadership of Wawasee Bible

TODAY IS...

I'M GRATEFUL FOR...

READ... MATTHEW 7:7-11

THEN WRITE... MATTHEW 7:7-11

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... COLOSSIANS 3:12-17

THEN WRITE... COLOSSIANS 3:14-17

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PHILIPPIANS 4:4-19

THEN WRITE... PHILIPPIANS 4:4-8

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 71:1-12

THEN WRITE... PSALM 71:1-6

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 71:13-24

THEN WRITE... PSALM 71:14-20

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... MATTHEW 6:5-15

THEN WRITE... MATTHEW 6:9-15

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... EPHESIANS 3:14-21

THEN WRITE... EPHESIANS 3:20-21

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... MARK 9:14-29

THEN WRITE... MARK 9:20-24

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 145

THEN WRITE... PSALM 145:13-19

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... 1 CORINTHIANS 13:1-13 THEN WRITE... 1 CORINTHIANS 13:3-7

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... COLOSSIANS 4:2-6

THEN WRITE... COLOSSIANS 4:2-6

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 119:105-112

THEN WRITE... PSALM 119:105-112

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... LUKE 11:1-13

THEN WRITE... LUKE 11:9-13

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 57:1-11

THEN WRITE... PSALM 57:7-11

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... JOHN 15:1-9

THEN WRITE... JOHN 15:1-5

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 139:1-24

THEN WRITE... PSALM 139:13-17

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... 1 CHRONICLES 29:11-14 THEN WRITE... 1 CHRONICLES 29:11-14

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... MATTHEW 23:1-12

THEN WRITE... MATTHEW 23:11-12

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... ROMANS 11:33-36

THEN WRITE... ROMANS 11:33-36

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 1:1-6

THEN WRITE... PSALM 1:1-6

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... 1 CORINTHIANS 15:1-11 THEN WRITE... 1 CORINTHIANS 15:3-6

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... 1 TIMOTHY 1:15-17

THEN WRITE... 1 TIMOTHY 1:15-17

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PROVERBS 2:1-6

THEN WRITE... PROVERBS 2:1-6

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... 1 TIMOTHY 2:1-6

THEN WRITE... 1 TIMOTHY 2:1-6

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

TODAY IS...

I'M GRATEFUL FOR...

READ... PSALM 8:1-9

THEN WRITE... PSALM 8:3-9

ON MY MIND...

ONE TAKEAWAY/WORD/THOUGHT FOR TODAY...

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