

# the Heart of Christ

for SINNERS and SUFFERERS

Sunday, November 21, 2021 | Wawasee Community Bible Church | Milford, Indiana | Pastor Josh Weiland

## Matthew 11:29 (ESV)

<sup>29</sup> Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

## John 14:16 (ESV)

<sup>16</sup> And I will ask the Father, and he will give you another Helper, to be with you forever,

## John 16:5-7 (ESV)

<sup>5</sup> But now I am going to him who sent me, and none of you asks me, 'Where are you going?' <sup>6</sup> But because I have said these things to you, sorrow has filled your heart. <sup>7</sup> Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Helper will not come to you. But if I go, I will send him to you.

## 2 Corinthians 1:3 (ESV)

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort,

## Part 5 | He Sends a Helper

John 14:16; 16:5-7; 2 Corinthians 1:3

### The Spirit HELPS us

the "Helper" — a person John 14:16

how he helps us John 16:5-7

*In **all** that he does,  
the Holy Spirit glorifies Jesus Christ.*

### EXPERIENCE Jesus's heart

extension of Jesus's work John 16:13-15

rational *and* relational John 14:26; 14:16-18; Romans 8:16

### and THE FATHER'S HEART toward us.

"Father of mercies" 2 Corinthians 1:3; James 5:11

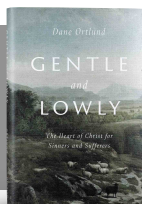
a good dad Ephesians 1:3-6, 3:15; John 14:8-10; John 16:27

### A Handful of Ways the Spirit Helps Us

- **Regenerates us**  
John 3:6-7
- **Convicts us of our sin**  
John 16:8; 1 Thessalonians 1:5
- **Empowers us with gifts**  
1 Corinthians 12:4-7
- **Assures us and testifies to us in our hearts that we are God's children**  
Galatians 4:6; Romans 8:16
- **Leads us**  
Galatians 5:18, 25
- **Makes us fruitful**  
Galatians 5:22-23
- **Grants and nurtures in us resurrection life**  
Romans 8:11
- **Enables us to kill our sin**  
Romans 8:13
- **Intercedes for us when we don't know what to pray**  
Romans 8:26-27
- **Comforts us**  
John 16:5-7
- **Guides us into truth**  
John 16:13
- **Transforms us into the image of Christ**  
2 Corinthians 3:18
- **Teaches us by his Word and helps us understand the Bible**  
John 14:26, 16:13; 1 Corinthians 2:9-16
- **Seals us**  
Ephesians 4:30
- **Dwells with and in us**  
John 14:17; 2 Timothy 1:14
- **Strengthens us**  
Ephesians 3:16
- **Provides power over temptation**  
Galatians 5:16
- **Sanctifies us and grows us in holiness**  
1 Peter 1:2
- **Helps us pray**  
Eph. 6:18; Jude 20; Romans 8:26-27
- **Gives wisdom to us**  
Ephesians 1:17
- **Guides us in specific decisions and life events**  
Acts 14:5, 16:6; Revelation 17:17
- **Calls us to Jesus**  
Ephesians 4:4
- **Gives us the right words to speak about God**  
Acts 1:8; Luke 12:12

#### Gentle and Lowly

This series is based in large part on insights from the book *Gentle and Lowly* by Dane Ortlund.



**What is this?** – Each week people from Wawasee Bible meet in small groups in various homes to learn about Jesus, pray, eat, laugh, and live life together. We call them Life Groups. The questions here are based on the sermon each week (often a parallel passage of Scripture), and guide each group's study. If you're interested in connecting with a Life Group, let us know on a Connect Card at the Connect Desk.

**Use this guide for further personal and group study this week.** For the most impact in your life and in your group, *work through it on your own before you gather with your Life Group.* If your Life Group isn't gathering this week, use this as a guide for further study and growth personally.

## Getting Started

Part of our goal together is getting to know more about one another.

*What are some of your Thanksgiving traditions? Any you WISH you had or want to start?*

**Review your message notes.** What stood out to you from the message this week? Do you have questions? Disagreements? Discuss it as a group.

## Video Primer

We've purchased a video series for use by your Life Group that accompanies this series. Before jumping into the study questions, open the camera on your phone or tablet and point it at the QR code below. Tap the link it reveals to load the video.

**Note:** If your camera app doesn't show a link, search your AppStore for a free QR code reader app to use the code below.



## Digging Deeper

**Read John 14:15-30.** Note any key observations below.

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1. When you think of the Holy Spirit, what comes to mind? Did you learn anything about him this week and/or from this passage?

2. According to John 14 (and you can find more in John 16), what is the work of the Holy Spirit?
3. Based on John Chapters 14-16, why did Jesus say the Spirit needed to come?
4. What are some of the implications of the fact that the Holy Spirit is not an impersonal force but a person? How do you tend to think of him?

**Read 2 Corinthians 1:3-11.** Jot down anything that is striking to you.

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5. What do we learn about the Father here?
6. When you think of the Father, do you tend to think of him as somehow less loving than the Son? Is this an accurate way of thinking? Why or why not?
7. Ponder the phrase "the Father of mercies" in 2 Corinthians 1:3. Are you daily mindful that this is who God the Father is at his very heart? If not, why?
8. How do God's love and mercy work with his judgment?

## Closing Thought

**Read 2 Corinthians 1:3 again.** Now open your "Gentle and Lowly" book to page 131 and read the quote aloud from Thomas Goodwin that spans pages 131-132.

What wounds in your own heart do the Father's perfect mercies need to heal?

Take time to pray for one another as you close

T R U T H E L P E R P P  
P S C O N C E R N I N G  
S A W C W H E N F G S U  
O I J O E L F A T H E R  
R D U N C O M E D T N U  
R A D V A N T A G E T L  
O B G I O G E F K O H E  
W E E C H E L I W U I R  
N L D T E R L L O S N Y  
O I A W A Y N L R N G A  
N E V E R T H E L E S S  
E V H C T E K D D S D K  
S E N D B E C A U S E S

## Word Find in the Word

Find the words from a passage related to this week's message.

### Word Find for John 16:5-11 (ESV)

Find the words **bolded** below.

<sup>5</sup> But now I am going to him who **sent** me, and **none** of you **asks** me, 'Where are you going?' <sup>6</sup> But **because** I have **said** these **things** to you, **sorrow** has **filled** your **heart**. <sup>7</sup> **Nevertheless**, I **tell** you the **truth**: it is to your **advantage** that I go **away**, for if I do not go **away**, the **Helper** will not **come** to you. But if I go, I will **send** him to you. <sup>8</sup> And **when** he **comes**, he will **convict** the **world** **concerning** sin and **righteousness** and **judgment**: <sup>9</sup> **concerning** sin, **because** they do not **believe** in me; <sup>10</sup> **concerning** **righteousness**, **because** I go to the **Father**, and you will see me no **longer**; <sup>11</sup> **concerning** **judgment**, **because** the **ruler** of this **world** is **judged**.