

the Heart of Christ

for SINNERS and SUFFERERS

Sunday, October 24, 2021 | Wawasee Community Bible Church | Milford, Indiana | Pastor Josh Weiland

Matthew 11:28-30 (ESV)

²⁸ Come to me, all who labor and are heavy laden, and I will give you rest.
²⁹ Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.”

Revelation 22:17 (ESV)

¹⁷ The Spirit and the Bride say, “Come.”
And let the one who hears say, “Come.”
And let the one who is thirsty come; let the one who desires take the water of life without price.

Matthew 14:14 (ESV)

¹⁴ When he went ashore he saw a great crowd, and he had compassion on them and healed their sick.

Hebrews 13:8 (ESV)

⁸ Jesus Christ is the same yesterday and today and forever.

Part 1 | His Very Heart

Matthew 11:28-30

Jesus’s HEART

the core “animating center” of who he is Proverbs 27:19; 4:23; 1 Samuel 16:7; Luke 6:45

is GENTLE and LOWLY

meek, accessible, down to earth v. 29 Luke 1:52; Rom. 12:16; Galatians 5:22-23; Matt. 21:5

all who labor and are heavy laden v. 28 Luke 23:4; Hebrews 4

take on his yoke v. 29-30 1 John 5:3; Revelation 22:17; John 6:35

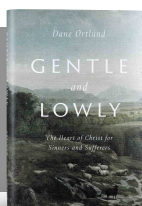
and he PROVES IT over and over.

what he is he does Matthew 14:14; 8:2-3; 9:2; 9:35-36; Luke 7:13; 19:41; John 11:35; Luke 7:34

he is the same today Hebrews 13:8

Gentle and Lowly

This series is based in large part on insights from the book *Gentle and Lowly* by Dane Ortlund.



What is this? – Each week people from Wawasee Bible meet in small groups in various homes to learn about Jesus, pray, eat, laugh, and live life together. We call them Life Groups. The questions here are based on the sermon each week (often a parallel passage of Scripture), and guide each group's study. If you're interested in connecting with a Life Group, let us know on a Connect Card at the Connect Desk.

Use this guide for further personal and group study this week. For the most impact in your life and in your group, *work through it on your own before you gather with your Life Group.* If your Life Group isn't gathering this week, use this as a guide for further study and growth personally.

Getting Started

Part of our goal together is getting to know more about one another.

Did you dress up for Halloween growing up? What was your favorite costume? (For Halloween or just in general!)

Review your message notes. What stood out to you from the message this week? Do you have questions? Disagreements? Discuss it as a group.

Video Primer

We've purchased a video series for use by your Life Group that accompanies this series. Before jumping into the study questions, open the camera on your phone or tablet and point it at the QR code below. Tap the link it reveals to load the video.



Introduction



Session 1

Digging Deeper

Read Matthew 11:28-30. Note any key observations below.

1. What role does the heart play in a person's life? What are the implications of this for what Jesus says about his own heart?

Read Philippians 2:5-11. What stands out here about Jesus's heart?

2. If someone far from God asks about Jesus, how would you describe his gentle and lowly character?
3. What is your natural instinct about who Jesus is? In other words, what is your default view of him? Does it line up or contrast with his personal description of being "gentle and lowly"? How does that view impact your relationship with and toward Christ?
4. What difference does it make in your everyday life that "no one in human history has ever been more approachable than Jesus Christ"?

Read Matthew 9:35-38. How do you see Jesus's heart being revealed?

5. Does stressing the compassionate love of Christ underemphasize other elements of his character? What considerations must we keep in mind as we answer this question?
6. How does Jesus reverse the interplay between the Old Testament categories of clean and unclean? What relevance does this have for your own life?

Closing Thought

What burdens are weighing down your life right now? Reflecting on what we've studied, what hope are you able to have in Christ as it relates to that very issue? **As you close, pray for each person in your group by name. Consider splitting into smaller groups if needed.**

K R K N O W S N E C
 H E L I G H T A T O
 H V E I B B H L A M
 R E S T E U I H K M
 F A T H E R N U E I
 I L S U N D G M K T
 C H O O S E S B L T
 O E U G E N T L E E
 M A L I A F I E A D
 E R S V S W E A R Y
 D T U E Y U F I N D

Word Find in the Word

Find the words from a passage related to this week's message.

Word Find for Matthew 11:27-30 (ESV)

Find the words **bolded** below.

²⁷ All **things** have **been committed** to me by my **Father**. No one **knows** the Son except the **Father**, and no one **knows** the **Father** except the Son and those to whom the Son **chooses** to **reveal** him. ²⁸ **Come** to me, all you who are **weary** and **burdened**, and I will **give** you **rest**. ²⁹ **Take** my yoke upon you and **learn** from me, for I am **gentle** and **humble** in **heart**, and you will **find rest** for your **souls**. ³⁰ For my yoke is **easy** and my **burden** is **light**."