



Sunday, February 24, 2019 | Wawasee Community Bible Church | Milford, Indiana | Pastor Craig Clapper

Where to Find Rest - Part 2

Matthew 11:28, 29; Micah 7:18-20

Matthew 11:28, 29

28 Then Jesus said: "Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

Micah 7:18-20

18 Who is a God like you, pardoning iniquity and passing over transgression for the remnant of his inheritance? He does not retain his anger forever, because he delights in steadfast love. 19 He will again have compassion on us; he will tread our iniquities underfoot. You will cast all our sins into the depths of the sea. 20 You will show faithfulness to Jacob and steadfast love to Abraham, as you have sworn to our fathers from the days of old.



What is this? – Each week people from Wawasee Bible meet in small groups in various homes to learn about Jesus, pray, eat, laugh, and live life together. We call them 1:10 Community Groups (the “1:10” comes from Colossians 1:10). The questions here are based on the sermon each week (often a parallel passage of Scripture), and guide each group’s study. If you’re interested in connecting with a 1:10 Group, let us know on the Connect Card in your bulletin.

Getting Started

1. What is the heaviest thing you ever lifted? How long did you have to carry it? How did you feel when you could get rid of the “weight”?
2. **Read Matthew 11:28-29.** Review your message notes. What stood out to you from the message this week? Do you have questions? Disagreements? Discuss it with your group.

Digging Deeper

3. What were some common weights the people of Israel might have to carry on a regular basis?
4. **Read Matthew 11:28-29.** What do you think Jesus meant when he referred to, “...all you who labor...?” What do you think Jesus meant when he referred to, “...(you who) are heavy laden...?” With what were they burdened? (Hint: Think OT)
5. What did Jesus mean when he said, “Take my yoke upon you ...”? Was this physical or spiritual rest to which Jesus was calling the people?
6. Why was Jesus’ yoke any better/lighter/easier than the yokes they had been carrying?
7. Jesus also said, “...*learn* from me.” Compare **John 17:3** with this passage and see if it sheds a little light on what he meant by using the term “learn.”
8. So, bottom line...where was the rest going to come from? What did that look like practically?
9. **Read Psalm 23.** This Psalm is the epitome of rest. Talk with one another about how David was able to rest in the midst of the threats found in this Psalm?

Up Close

10. Is there anything in your past that you feel is continuing to burden you and hindering hope for your future? How would Jesus want you to come to him and rest in light of this burden?
11. Pray and ask God to help you to live in the rest Jesus has promised in these verses.

*During your prayer time this week, let's all be praying together about the following items.
Use the space at the bottom to record your personal prayer items, or requests from your 1:10 Group.*

Neighboring Church

Pray this week for the ministry and people of Wawasee Lakeside Chapel in Syracuse.

Personal Prayer Items

Word Find for 2 Timothy 2:8-13 (ESV)

*Find the words **bolded** below.*

8 Remember Jesus Christ, risen from the dead, the offspring of David, as preached in my gospel, ⁹ for

which I am **suffering, bound** with **chains** as a **criminal**.

But the word of God is not **bound!** ¹⁰ **Therefore I endure**

everything for the **sake** of the **elect**, that they **also** may

obtain the **salvation** that is in **Christ Jesus** with **eternal**

glory. ¹¹ The **saying** is

trustworthy, for: If we have **died** with him, we will **also**

live with him; ¹² if we **endure**, we will **also** **reign** with him; if

we **deny** him, he **also** will **deny** us; ¹³ if we are

faithless, he **remains**

faithful— for he **cannot** **deny** himself.

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