



Sunday, February 17, 2019 | Wawasee Community Bible Church | Milford, Indiana | Pastor Craig Clapper

Where to Find Rest

Jeremiah 6:16; Matthew 11:28, 29

Jeremiah 6:16

This is what the LORD says: "Stand at the crossroads and look; ask where the good way is, and walk in it, and you will find Rest for your souls."

Matthew 11:28, 29

28 Then Jesus said: "Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.



What is this? – Each week people from Wawasee Bible meet in small groups in various homes to learn about Jesus, pray, eat, laugh, and live life together. We call them 1:10 Community Groups (the “1:10” comes from Colossians 1:10). The questions here are based on the sermon each week (often a parallel passage of Scripture), and guide each group’s study. If you’re interested in connecting with a 1:10 Group, let us know on the Connect Card in your bulletin.

Getting Started

1. Tell about a time when you were really tired - exhausted. What did you want to do? How did you attempt to get away and rest?
2. **Read Jeremiah 6:16.** Review your message notes. What stood out to you from the message this week? Do you have questions? Disagreements? Discuss it with your group.

Digging Deeper

3. Have you ever come to a point in life—i.e. some crossroads—where you wondered which way to go or which path is the right one to take?
4. What do you do when you realize you are lost? Is your response beneficial or detrimental to getting “unlost”?
5. What did Craig describe as the “good way”? How do you know if you actually are on the “good way”?
6. According to Jeremiah 6:16, what is the result of walking in the good way? Share with others how you have practically experienced this.
7. **Read Matthew 11:28-29.** What do you think Jesus meant when he referred to “...all you who labor...”? What do you think Jesus meant when he referred to “...(you who) are heavy laden...”?
8. **Read Psalm 127:2.** What is the stark difference between this verse and Jesus’ call to rest in Matthew 11:28? Which of these patterns of living do you see in America today?
9. **Read Psalm 23.** This Psalm is the epitome of rest. Talk with one another about how David was able to rest in the midst of the threats found in this Psalm?

Up Close

10. Is there anything in your past that you feel is continuing to burden you and hindering hope for your future? How would Jesus want you to come to him and rest in light of this burden?
11. Pray and ask God to help you to live in the rest Jesus has promised in these verses.

*During your prayer time this week, let's all be praying together about the following items.
Use the space at the bottom to record your personal prayer items, or requests from your 1:10 Group.*

Neighboring Church

Pray this week for the ministry and people of Calvary United Methodist Church in Syracuse.

Personal Prayer Items

Word Find for 2 Timothy 2:8-13 (ESV)

*Find the words **bolded** below.*

8 Remember Jesus Christ, risen from the dead, the offspring of David, as preached in my gospel, ⁹ for

which I am **suffering, bound** with **chains** as a **criminal**.

But the word of God is not **bound!** ¹⁰ **Therefore I endure**

everything for the **sake** of the **elect**, that they **also** may

obtain the **salvation** that is in **Christ Jesus** with **eternal**

glory. ¹¹ The **saying** is

trustworthy, for: If we have **died** with him, we will **also**

live with him; ¹² if we **endure**, we will **also** **reign** with him; if

we **deny** him, he **also** will **deny** us; ¹³ if we are

faithless, he **remains**

faithful— for he **cannot** **deny** himself.

I	D	P	I	C	A	L	S	O	B	T	A	I	N
R	I	Y	T	H	E	R	E	F	O	R	E	L	D
I	E	P	S	A	G	L	O	R	Y	U	P	O	P
S	D	F	A	I	T	H	L	E	S	S	C	F	E
E	E	A	K	N	Y	L	A	L	U	T	A	F	S
N	A	I	E	S	L	I	V	E	P	W	N	S	A
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N	D	E	N	Y	R	E	M	E	M	B	E	R	Y
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