

# THE SWEETNESS OF FREEDOM

GALATIANS

Sunday, June 10, 2018 | Wawasee Community Bible Church | Milford, Indiana | Pastor Josh Weiland

## PART 10: GOSPEL FRUIT

Galatians 5:16-25

### The War Within (v. 16-23)

“Desires” here is literally “OVER-DESIRES” (v. 17)

#### **Romans 7:15, 18-19 (CSB)**

*15 For I do not understand what I am doing, because I do not practice what I want to do, but I do what I hate.*

*18 For I know that nothing good lives in me, that is, in my flesh. For the desire to do what is good is with me, but there is no ability to do it.*

*19 For I do not do the good that I want to do, but I practice the evil that I do not want to do.*

### Works of the Flesh (v. 19-21)

### Fruit of the Spirit (v. 22-23)

# How to Grow the Fruit of the Spirit

## 1. Remember you belong to **JESUS**. (v. 24)

*1 Corinthians 3:23*

*Ephesians 2:13-15*

*1 Corinthians 6:19-20*

## 2. **CRUCIFY** your sin. (v. 24)

### a. **Identify** your Idols.

**IDOLS** = any thing (good or bad) made to be “God” in our lives.

- Items
- Duties
- Others
- Longings
- Sufferings

### b. **Dismantle** your Idols.

*This isn't a passive process! But an active part of the Christian life.*

*Romans 8:5-6*

*Romans 8:13*

*Colossians 3:5*

## 3. Keep **IN STEP** with the Spirit. (v. 25)

*Romans 13:14*

*Colossians 3:2ff, 3:16-17*

# 1:10 COMMUNITY GROUP HOMEWORK

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## GETTING STARTED

1. Take time to pray for one another. Use the Prayer Guide on the next page if you need suggestions.
2. **Read Galatians 5:16-25** and review your message notes. What stood out to you from the message this week? Do you have questions? Disagreements? Discuss it with your group.

## DISCUSS

3. **Read Romans 1:24-32.** How does this list from Romans 1 compare with Paul's list of the works of the flesh in Galatians 5?
4. **Read Romans 7:15, 18-19.** Do you relate to Paul in this? How so? (*You might consider reading through the end of Chapter 7.*) Compare this to **Galatians 5:16-17.**
5. Take a few moments to be still. Examine your heart. **What is it deep down that you desire?** To please God and follow Jesus? Or to do something contrary to that? — What does this reveal about who you are, your relationship or lack of with God?
6. **Read Romans 8:1-11.** What hope does this passage give you?
7. What parallels do you see between this passage and Galatians 5:16-25? How does Romans 8 relate to the fruit of the Spirit Paul talks about in Galatians 5?
8. **Read Romans 6:6-14.** What does it mean that our flesh has been crucified?
9. Which of the works of the sinful nature do you see in your life? What are the "over-desires" that cause you to think or behave in these ways? How will you preach the gospel of grace and acceptance to yourself to undermine these over-desires?
10. Examine yourself. How can you see the fruit of the Spirit growing in your life? How do you know when you are walking in the Spirit? Is there a way to know for sure? Do you have natural characteristics which could be confused with the actual fruit of the Spirit?

**FREEDOM**

*During your prayer time this week, let's all be praying together about the following items.  
Use the space at the bottom to record your personal prayer items, or requests from your 1:10 Group.*

## Neighboring Church

Pray this week for the ministry and people of Milford Chapel in Milford.

## Personal Prayer Items

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## Word Find for Galatians 5:22-26 (ESV)

Find the words **bolded** below.

22 But the **fruit** of the **Spirit** is **love**, joy, **peace**, **patience**, **kindness**, **goodness**, **faithfulness**,<sup>23</sup> **gentleness**, self-control; against **such** things there is no law.<sup>24</sup> And those who **belong** to **Christ Jesus** have **crucified** the **flesh** with its **passions** and **desires**.<sup>25</sup> If we **live** by the **Spirit**, let us **also keep** in **step** with the **Spirit**.<sup>26</sup> Let us not **become conceited**, **provoking** one **another**, **envying** one **another**.

I	H	F	G	T	R	F	B	O	B	Y	Y	O	O
V	F	R	U	I	T	L	D	G	J	O	N	P	E
C	A	N	O	T	H	E	R	E	E	P	K	A	N
K	I	N	D	N	E	S	S	N	S	E	S	S	V
E	T	M	S	U	C	H	R	E	U	A	P	S	Y
E	H	G	O	O	D	N	E	S	S	C	I	I	I
P	F	E	P	A	T	I	E	N	C	E	R	O	N
C	U	N	U	L	P	R	O	V	O	K	I	N	G
H	L	T	B	S	T	E	P	I	N	L	T	S	C
R	N	L	V	O	L	A	B	E	C	O	M	E	T
I	E	E	H	J	B	L	I	V	E	V	G	G	M
S	S	N	C	R	U	C	I	F	I	E	D	A	U
T	S	E	L	F	-	C	O	N	T	R	O	L	V
E	P	S	H	M	A	J	G	B	E	L	O	N	G
D	E	S	I	R	E	S	Y	E	D	O	J	B	G